

Time Zones

1. Look at the time zone map of Canada. Please list below the names of the time zones from west to east. Please record the current time in each of the time zones.

| Time Zone | Current Local Time |
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2. In which time zone are the Northwest Territories in? _____

3. What time zone is Ontario in? _____

4. What 2 time zones only have $\frac{1}{2}$ hour between them?

5. How many times zone does Nunavut have? _____

6. Convert the following time changes.

a.If it's 7am in Toronto, ONT, what time is it in Regina, SASK

b.If it's 11pm in St. John's, NFLD, what time is it in Quebec City, QUE?

c.If it's 10am in Calgary, ALB, what time is it in Vancouver, BC?

d.If it's 7pm in Victoria, BC, what time is it in St. John's NFLD?

e.If it's 1pm in Winnipeg, MAN, what time is it in, Fredericton, NB?

f. If it's 2pm on Saturday in Edmonton, what time and day is it in St. John's NFLD?
